

# Exaltation of the Holy Cross

Liturgical Chant

Verses of Antiphon 1 can be recited this, standard, way



My God, my God, hear me; why have You for-sa - ken me? Far



from my sal - va - tion are the words of my trans - gre - ssion. Through the



pra - yers of the Mo - ther of God, O Sa - vior, save us.

Every verse of Antiphon 3 can be recited this way



The Lord is King; the peo - ples trem - ble. He is en - throned u - pon



the Che - ru - bim; the earth quakes.

Troparion of Exaltation of the Holy Cross (Tone 1)

Sung after each verse of Antiphon 3



Save your peo - ple, O Lord, and bless your in - he - ri - tance. Grant

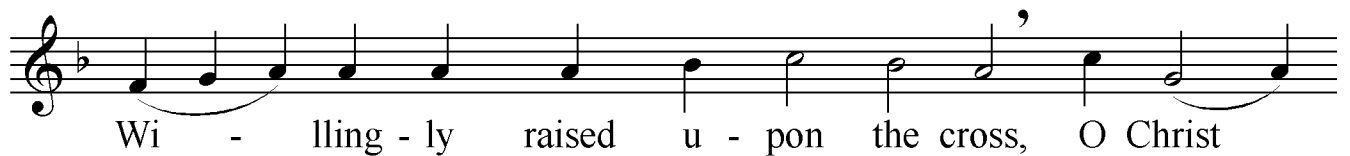


vic - to - ry to your faith - ful peo - ple a - gainst e - ne - mies,



### Kontakion of Exaltation of the Holy Cross (Tone 4)

Sung after the Entrance Verse "Extol the Lord..." and Troparion



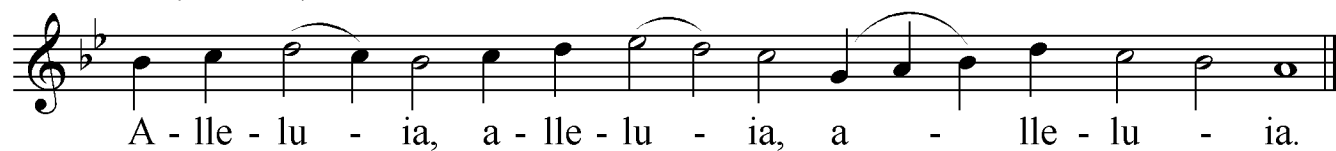
**We bow to your Cross****Repeat three times**

The musical score is written on five staves in a single system. The first staff begins with a treble clef and a key signature of one flat (B-flat). The melody consists of quarter and eighth notes, with some phrases slurred together. The lyrics are: "We bow to your Cross, O Lord, and we praise your ho - ly re - su - rrec - tion." The second staff continues the melody with a repeat sign at the end. The third staff features a continuous eighth-note accompaniment pattern. The lyrics are: "Glo-ry be to the Fa-ther and to the Son and to the Ho-ly Spi - rit, now and for e - ver and e - ver. A - men. And we praise your ho - ly re - su - rrec - tion." The fourth staff concludes the piece with a final cadence.

We bow to your Cross, O Lord, and we praise  
your ho - ly re - su - rrec - tion.

Glo-ry be to the Fa-ther and to the Son and to the Ho-ly Spi - rit,  
now and for e - ver and e - ver. A - men. And we praise your ho -  
ly re - su - rrec - tion.

**Repeat one time "We bow to your Cross"**

**Prokimenon (Tone 7)****Verse****Alleluia (Tone 1)**

**Verses for Alleluia can be recited same way as for Prokimenon**