

Exaltation of the Holy Cross

Liturgical Chant

Verses of Antiphon 1 can be recited this, standard, way

My God, my God, hear me; why have You for - sa - ken me? Far

from my sal - va - tion are the words of my trans - gre-ssion. Through the

pra-yers of the Mo - ther of God, O Sa - vior, save us.

Every verse of Antiphon 3 can be recited this way

The Lord is King; the peo - ples trem - ble. He is en - throned u - pon

the Che - ru - bim; the earth quakes.

Troparion of Exaltation of the Holy Cross (Tone 1)

Sung after each verse of Antiphon 3

Save your peo - ple, O Lord, and bless your in - he - ri - tance. Grant

vic - to - ry to your faith - ful peo - ple a - gainst e - ne - mies,

and pro - tect your co - mmu - ni - ty by your cross.

Kontakion of Exaltation of the Holy Cross (Tone 4)

Sung after the Entrance Verse "Extol the Lord..." and Troparion

Glo - ry be to the Fa - ther and to the Son and to the

Ho - ly Spi - rit, now and for e - ver and e - ver. A-men.

Wi - lling - ly raised u - pon the cross, O Christ

our God, You be - stowed your mer - cies u - pon a new peo - ple bea -

ring your name. With your po - wer grant joy to our Church

gi - ving her vic - to - ry ov'r e - ne - mies, with the in - vin -

ci - ble stan - dard, your wea - pon of peace, as an a - lly.

We bow to your Cross**Repeat three times**

The musical notation consists of five staves of music in G clef, common time, and a key signature of one flat. The lyrics are integrated into the music, with each staff containing a portion of the text. The first staff contains 'We bow', 'to your Cross, O Lord,' and 'and we praise'. The second staff continues with 'your ho - ly re - su - rrec - tion.' The third staff begins with 'Glo-ry be to the Fa-ther and to the Son and to the Ho-ly Spi - rit,' followed by a repeat sign. The fourth staff contains 'now and for e - ver and e - ver. A - men. And we praise' and 'your ho -'. The fifth staff concludes with 'ly re - su - rrec - tion.'

We bow to your Cross, O Lord,
and we praise
your ho - ly re - su - rrec - tion.
Glo-ry be to the Fa-ther and to the Son and to the Ho-ly Spi - rit,
now and for e - ver and e - ver. A - men. And we praise your ho -
ly re - su - rrec - tion.

Repeat one time "We bow to your Cross"

Prokimenon (Tone 7)

Ex - tol the Lord, our God,
and wor - ship at

His foot-stool; ho - ly is
He!

Verse

The Lord is King; the peo - ples trem - ble.

Alleluia (Tone 1)

A - lle - lu - ia, a - lle - lu - ia, a - lle - lu - ia.

Verses for Alleluia can be recited same way as for Prokimenon

Exaltation of the Holy Cross

Hirmos

Liturgical Chant

Verse

O my souls, ex - tol the most pre - cious

Cross of the Lord.

Hirmos (Tone 8)

O The - o - to - kos, you are a my -

sti - cal par - - - a - dise, who gave birth to Christ

and still re - mained a vir - gin.

He plan - - - ted the life - - -

gi - - - ving tree of the cross

Exaltation of the Holy Cross, Hirmos

u-pon the earth. There - - - -

fore, on this day of its ex - al - ta - tion, we

wor - - - - ship Him and ex-

tol you.